

WASHINGTON STATE FINAL 2014 WOMEN'S INDOOR BESTS

60 METERS	2014	LIFETIME
Dominique Keel	7.57 (h)	7.57
Danielle Darden	7.66 (f)	7.66
Briaúna Watley	7.72 (m)	7.72
Holly DeHart	7.72 (m)	7.72
Candice McFarland	7.86 (a)	7.86
McKenna Hogan	8.35 (g)	8.35
Zoë Moller	8.55 (l)	8.55

60M HURDLES	2014	LIFETIME
Candice McFarland	8.50 (m)	8.50
Andrea Smith	8.79 (m)	8.79
Liz Harper	8.88 (f)	8.88
Alissa Brooks-Johnson	8.98 (m)	8.98
Shaquana Logan (unat)	8.39 (usa)	8.39

200 METERS	2014	LIFETIME
Dominique Keel	24.39 (m)	24.39
Danielle Darden	24.90 (h)	24.90
Christiana Ekelem	25.00 (g)	25.00
Briaúna Watley	25.02 (h)	24.96
Holly DeHart	25.02 (m)	25.01
Bree Winfrey	25.18 (h)	25.18
Candice McFarland	25.37 (e)	25.22
Mimi Brown	25.84 (d)	25.84
Andrea Smith	26.47 (g)	26.47

400 METERS	2014	LIFETIME
Dominique Keel	56.58 (f)	56.58
Bree Winfrey	56.64 (d)	56.00
Erin Allen	56.68 (l)	56.68
Christiana Ekelem	56.71 (f)	56.71
Liz Harper	58.50 (e)	58.50
Mimi Brown	58.68 (g)	58.68
Leanne Asper	1:01.53 (d)	1:01.53

800 METERS	2014	LIFETIME
Abby Regan	2:11.90 (d)	2:11.90
Ruby Roberts	2:12.28 (d)	2:10.56
Leanne Asper	2:16.39 (f)	2:16.39
Steffie Pavey	2:16.99 (m)	2:16.99
Ashlie Standow	2:18.69 (f)	2:18.69
Amanda Henderson	2:19.89 (l)	2:19.52
A. Brooks-Johnson	2:19.96 (m)	2:19.96
Jordin Stephenson	2:22.10 (e)	2:22.10
Alexys Garcia	2:26.85 (c)	2:26.85
Courtney Zalud (unat)	2:10.41 (k)	2:09.91

MILE	2014	LIFETIME
Ruby Roberts	4:46.48 (f)	4:46.48
Abby Regan	4:53.30 (m)	4:53.30
CharLee Linton	5:04.61 (f)	5:04.61
Kiah Condos	5:15.22 (l)	5:15.22
Amanda Henderson	5:22.63 (g)	5:22.63
Jordin Stephenson	5:23.26 (k)	5:23.26
Steffie Pavey	5:25.91 (a)	5:25.91
Abby Knight	5:30.12 (e)	5:30.12
Alexys Garcia	5:38.46 (l)	5:38.46
Courtney Zalud (unat)	5:15.63 (b)	5:09.79

3000 METERS	2014	LIFETIME
Ruby Roberts	9:15.79 (k)	9:15.79 SR
CharLee Linton	9:51.52 (m)	9:51.52
Kiah Condos	10:41.50 (g)	10:41.50
Steffie Pavey	10:49.94 (g)	10:49.94
Abby Knight	10:51.28 (g)	10:51.28
Ramona Morshead	12:05.93 (a)	10:36.13

5000 METERS	2014	LIFETIME
CharLee Linton	17:02.70 (m)	17:02.70

1600 METERS RELAY	2014
Winfrey, Ekelem, Keel, Allen	3:40.93 (m)

DISTANCE MEDLEY RELAY	2014
------------------------------	-------------

HIGH JUMP	2014	LIFETIME
Charlotte Muschamp	1.78m/ 5-10 (a,h,l)	1.78m/ 5-10
Audrey Ketcham	1.70m/ 5-7 (f)	1.70m/ 5-7
Liz Harper	1.68m/ 5-6 (l)	1.68m/ 5-6
Holly Parent	1.68m/ 5-6 (m)	1.83m/ 6-0
A. Brooks-Johnson	1.62m/ 5-3 3/4 (e,m)	1.62m/ 5-3 3/4
Lateah Holmes	1.53m/ 5-0 1/4 (l)	1.53m/ 5-0 1/4

POLE VAULT	2014	LIFETIME
Kristine Felix	4.15m/ 13-7 1/4 (f)	4.15m/ 13-7 1/4
Kelsey Bueno	3.86m/ 12-8 (h)	3.92m/ 12-10 1/4
Sam. Andrada	3.86m/ 12-8 (h)	3.86m/ 12-8
Summer Cull	3.65m/ 11-11 3/4 (e,g)	3.65m/ 11-11 3/4
Beth Parrish	3.53m/ 11-7 (a)	3.53m/ 11-7
Korinne Zoellick	3.35m/ 10-11 3/4 (e)	3.35m/ 10-11 3/4
Jenna Crain	3.22m/ 10-6 3/4 (l)	3.22m/ 10-6 3/4

WSU FINAL 2014 WOMEN'S INDOOR BESTS - 2

LONG JUMP 2014 LIFETIME

Zoë Moller	5.49m/ 18-0 1/4 (e)	5.49m/ 18-0 1/4
Katie Dean	5.41m/ 17-9 (l)	5.41m/ 17-9
McKenna Hogan	5.33m/ 17-6 (f)	5.33m/ 17-6
A. Brooks-Johnson	5.06m/ 16-7 1/4 (e)	5.06m/ 16-7 1/4
Essence White	5.04m/ 16-6 1/2 (a)	5.36m/ 17-7

TRIPLE JUMP 2014 LIFETIME

Char. Muschamp	12.63m/ 41-5 1/4 (h)	12.63m/ 41-5 1/4
Shantae Young	11.64m/ 38-2 1/4 (g)	11.82m/ 38-9 1/2
McKenna Hogan	10.74m/ 35-3 (l)	10.74m/ 35-3

SHOT PUT 2014 LIFETIME

Mary Barnett	13.64m/ 44-9 (a)	13.93m/ 45-8 1/2
A. Brooks-Johnson	10.64m/ 34-11 (m)	10.64m/ 34-11

20# WEIGHT 2014 LIFETIME

Mary Barnett	13.78m/ 45-2 1/2 (a)	14.96m/ 49-1
--------------	----------------------	--------------

DISCUS 2014 LIFETIME

PENTATHLON 2014 LIFETIME

Alissa Brooks-Johnson	3633 points (m)	3633 FSR
(m = 60mH - 8.98, HJ - 1.62m/ 5-3 3/4, SP - 10.64m/34-11, LJ - 5.02m/16-5 3/4, 800m - 2:19.96)		

\$ = NCAA Participant.

SR = WSU school record

FSR = WSU freshman school record

Meet Legend

- a WSU Open I, Pullman 1/17-18
Team Scores: WSU 228 Idaho 101
- b @Idaho Collegiate I, Moscow 1/24
- c @Idaho Open, Moscow 1/25
- d @Jacksons Invite/NB Indoor, Boise 1/24-25
- e Cougar Indoor/Cougar Multis, Pullman 1/31-2/1
Team Scores: WSU 207 Idaho 184
- ee @UW Invite, Seattle 1/31-2/1
- f @Vandal Indoor, Moscow 2/7
- g @Vandal Open, Moscow 2/8
- h @Don Kirby Elite Invite, Albuquerque 2/14-15
- k @Husky Classic, Seattle 2/14-15
- l WSU Open II, Pullman 2/21-22
- usa @USATF Indoor Champs, Albuquerque 2/21-23
- m @Mtn Pacific Sports Fed. Champs, Seattle 2/28-3/1
Team Scores: USC 106, Arizona State 81, Arizona 75, Oregon 66.5, Stanford 63.5, UCLA 43, California 38, BYU 38, Colorado 29, WSU 28.5, Washington 28, Utah 26, Cal St. Northridge 14.5, UC Irvine 8, Cal St. Fullerton 7, Hawaii 5, Long Beach St. 3
- \$ @NCAA Indoor Track & Field Championships, Albuquerque 3/14-15

Revised: 3/16/14

WASHINGTON STATE FINAL 2014 MEN'S INDOOR BESTS

60 METERS **2014** **LIFETIME**

Alex Olobia	6.94 (e)	6.94
Brandon Bobb	6.98 (f)	6.73
Andre McBride	7.00 (d)	6.83
Kyle Farmer	7.07 (e)	7.07
Rashaun Johnson	7.11 (f)	7.03
Spencer Wordell	7.17 (e)	7.09
Dino Dodig	7.22 (m)	7.22
PJ Benedictus	7.26 (l)	7.26
Tay'lor Eubanks	7.50 (l)	7.50

60M HURDLES **2014** **LIFETIME**

Daniel Zmuda	8.01 (e,f)	8.01 FSR
Garrett Gerling	8.11 (m)	8.11
Josiah Sims	8.14 (h)	8.14
Dino Dodig	8.35 (k)	8.33
Ian Markham	8.49 (e)	8.49
Spencer Wordell	8.51 (e)	8.43
Rashaun Johnson	8.66 (l)	8.66
Abu Kamara (unat)	8.37 (l)	8.37

200 METERS **2014** **LIFETIME**

Andre McBride	21.72 (m)	21.50
Lucas Sealby	21.76 (g)	21.76
Terrance Chambers	21.87 (f)	21.87
Rashaun Johnson	22.14 (f)	21.82
Alex Olobia	22.27 (m)	22.27
CJ Allen	22.31 (d)	22.31
Kyle Farmer	22.57 (g)	22.57
Brandon Bobb	23.08 (g)	23.08

400 METERS **2014** **LIFETIME**

Jacob Sealby	47.18 (d)	47.18
Lucas Sealby	47.88 (f)	47.88
CJ Allen	48.29 (m)	48.29
Terrance Chambers	49.11 (g)	49.11
Daquon Brunson	50.35 (f)	49.99
Hironmoy Redman	51.74 (e)	51.74
Rashaun Johnson	52.93 (e)	49.48

800 METERS **2014** **LIFETIME**

\$ Jesse Jorgensen	1:48.84 (m)	1:48.84
Matt Swanson	1:53.83 (k)	1:52.35
Hironmoy Redman	1:53.95 (k)	1:53.95
Todd Wakefield	1:55.04 (d)	1:53.02
Jacob Sealby	1:55.13 (g)	1:55.13
Andrew Kimpel	1:56.63 (e)	1:55.47
Lee George	1:57.22 (d)	1:57.11
Jackson Haselnus	1:57.99 (e)	1:57.99
CJ Allen	1:58.76 (g)	1:58.76
Alex Simpson	2:02.25 (e)	2:02.25

MILE **2014** **LIFETIME**

Todd Wakefield	4:00.90 (k)	4:00.90
Drew Jordan	4:07.40 (d)	4:04.64
Lee George	4:09.21 (m)	4:05.99
Andrew Kimpel	4:09.44 (d)	4:06.95
Jackson Haselnus	4:11.20 (k)	4:11.20
Andrew Gonzales	4:15.83 (d)	4:12.79
John Whelan	4:17.97 (f)	4:17.97
Jesse Jorgensen	4:19.36 (e)	4:19.36
Connor Johnsen	4:20.15 (e)	4:20.15
Forrest Shaffer	4:23.63 (e)	4:22.37
Alex Simpson	4:29.39 (l)	4:29.39

3000 METERS **2014** **LIFETIME**

Andrew Gonzales	8:15.52 (m)	8:10.89
Drew Jordan	8:18.75 (m)	8:09.06
Connor Johnsen	8:25.48 (k)	8:25.48
John Whelan	8:36.48 (e)	8:36.48
Forrest Shaffer	8:38.51 (g)	8:23.49

5000 METERS **2014** **LIFETIME**

Drew Jordan	13:58.51 (m)	13:54.35
Andrew Kimpel	14:02.30 (m)	14:02.30
Andrew Gonzales	14:07.21 (k)	14:07.21
Forrest Shaffer	14:34.57 (k)	14:34.57
John Whelan	14:43.38 (k)	14:43.38

1600 METERS RELAY **2014**

Allen, J. Sealby, L. Sealby, Jorgensen	3:11.10 (m)
--	-------------

DISTANCE MEDLEY RELAY **2014**

Haselnus, Chambers, Swanson, George	9:53.38 (m)
-------------------------------------	-------------

HIGH JUMP **2014** **LIFETIME**

Thane Pierson	2.11m/ 6-11 (m)	2.11m/ 6-11
Cole Smith	2.04m/ 6-8 1/4 (l)	2.04m/ 6-8 1/4
Grant Schultz	2.00m/ 6-6 3/4 (f)	2.01m/ 6-7
Dino Dodig	1.96m/ 6-5 (e)	2.02m/ 6-7 1/2
Spencer Wordell	1.84m/ 6-0 1/2 (e)	1.91m/ 6-3 1/4

POLE VAULT **2014** **LIFETIME**

Austin Sodorff	5.05m/ 16-6 3/4 (d,h)	5.05m/ 16-6 3/4
John Brenteson	4.80m/ 15-9 (a)	4.93m/ 16-2
Dino Dodig	4.75m/ 15-7 (m)	4.75m/ 15-7
Curtis Flolid	4.42m/ 14-6 (f)	4.70m/ 15-5
S. Wordell	4.25m/ 13-11 1/4 (e)	4.60m/ 15-1
Anden Lewis	4.24m/ 13-11 (l)	4.24m/13-11

WSU FINAL 2014 MEN'S INDOOR BESTS - 2

LONG JUMP	2014	LIFETIME
Dino Dodig	7.02m/ 23-0 1/2 (e)	7.02m/23-0 1/2
PJ Benedictus	7.01m/ 23-0 (e)	7.01m/ 23-0
Mitch O'Donnell	6.91m/ 22-8 (e)	6.91m/ 22-8
Spen. Wordell	6.59m/ 21-7 1/2 (e)	6.59m/ 21-7 1/2
Tay'lor Eubanks	6.44m/ 21-1 1/2 (a)	6.61m/ 21-8 1/4

TRIPLE JUMP	2014	LIFETIME
P.J. Benedictus	15.12m/ 49-7 1/4 (m)	15.12m/ 49-7 1/4
Tay'lor Eubanks	14.56m/ 47-9 1/4 (m)	14.90m/ 48-10 3/4

SHOT PUT	2014	LIFETIME
M. Wardell	16.00m/ 52-6 (f)	16.00m/ 52-6
John Fullington	15.19m/ 49-10 (c)	15.19m/49-10
Dino Dodig	12.39m/ 40-7 3/4 (e)	12.39m/ 40-7 3/4
S. Wordell	11.64m/ 38-2 1/4 (e)	11.69m/ 38-4 1/4
J. Callaghan (unat)	13.59m/ 44-7 (c)	13.59m/ 44-7

35# WEIGHT	2014	LIFETIME
Travis Pickett	18.02m/ 59-1 1/2 (m)	18.02m/ 59-1 1/2
Sam Wardell	15.07m/ 49-5 1/2 (l)	15.07m/ 49-5 1/2

DISCUS	2014	LIFETIME
Cameron Brink	43.46m/ 142-7 (f)	43.46m/ 142-7

HEPTATHLON	2014	LIFETIME
Dino Dodig	5503 points (m)	5503 points
(m = 60m - 7.22, LJ - 6.85m/22-5 3/4, SP - 12.03m/39-5 3/4, HJ - 1.91m/6-3 1/4, 60m H - 8.37, PV - 4.75m/15-7, 1000m - 2:40.94)		

Spencer Wordell	5230 points (e)	5230 points
(e = 60m - 7.17, LJ - 6.59m/21-7 1/2, SP - 11.64m/38-2 1/4, HJ - 1.84m/6-0 1/2, 60m H - 8.51, PV - 4.25m/13-11 1/4, 1000m - 2:37.89)		

SR = WSU school record

FSR = WSU freshman school record

Meet Legend

- a WSU Open I, Pullman 1/17-18
Team Scores: WSU 220 Idaho 149
- b @Idaho Collegiate I, Moscow 1/24
- c @Idaho Open, Moscow 1/25
- d @Jacksons Invite/NB Indoor, Boise 1/24-25
- e Cougar Indoor/Cougar Multis, Pullman 1/31-2/1
Team Scores: WSU 236 Idaho 167
- f @Vandal Indoor, Moscow 2/7
- g @Vandal Open, Moscow 2/8
- h @Don Kirby Elite Invite, Albuquerque 2/14-15
- k @Husky Classic, Seattle 2/14-15
- l WSU Open II, Pullman 2/21-22
- m @Mtn Pacific Sports Fed. Champs, Seattle 2/28-3/1
Team Scores: California 96, Arizona State 93, Oregon 88.5, UCLA 75.5, Arizona 66, Stanford 59, Washington 50, WSU 49.5, BYU 37, Colorado 32, Long Beach State 8.5, Cal St. Northridge 4
- \$ @NCAA Indoor Track & Field Championships, Albuquerque 3/14-15
Team scores: WSU t-64th

Revised: 3/21/14